**Health & Safety**

**Do’s and Don’ts**

**DO:**

- Wear the gloves provided for cleanliness purposes but remember these will not protect you from sharp objects.
- Wash your hands thoroughly after litter picking and once again before eating.
- Make sure an adult is supervising children taking part in the litter pick at all times.
- Wear the high visibility jackets/waistcoats provided.
- Stay on the paths at all times.

**DON’T:**

- Pick up any of the following:
  - Glass
  - Hypodermic Needles / Syringes
  - Dog Mess
  - Any Sharp Objects

If you come across any of the above objects please report them to Boston Borough Council on 01205 314200

- Don't go onto the road to collect litter

It is also a good idea to record your progress by taking before and after photographs. This information can be used for publicity and future projects.