

DAA

Boston
Dementia Action Alliance

Dementia Directory of Service for Boston



Outline of services available in Boston and surrounding area November 2018



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When
Adult Care	Adult Social Care is responsible for ensuring the most vulnerable adults in our community and their informal carers are safeguarded and provided with support to meet their needs.	County Offices Newland Lincoln LN1 1YL	Lincolnshire County Council Adult Care	Tel: 01522 782155 Email: csc_socialcare@lincolnshire.gov.uk For out of hours emergencies Tel. 01522 782333	8 am – 6 pm Monday to Friday
Adults Supporting Adults	Adults Supporting Adults provide community services for people over the age of 18 years who have a learning or physical disability, sensory impairment, lived experience of mental illness or people with dementia and who require support to live in the community. Services also include respite for carers.	Railton House Sleaford Business Park Sleaford NG34 7EQ	Adults Supporting Adults	Tel: 01529 416270 Email: enquiries@asaorg.co.uk Website: www.asaorg.co.uk	
Age Care Advice	Long term personal Care Coordinator Service. 7 days a week, 12 hours a day access to your own Coordinator. Service is funded privately by direct payments, personal health budget or family members.	Countywide	Simon Jessop	Tel: 01476 552137 Email: agecareadvice@gmail.com Website: www.agecareadvice.co.uk	
Age UK Lincoln and South Lincolnshire	Provides information and advice to older people and help with form filling. Supports a range of social activities including lunch clubs, pop in coffee shops, craft, computer lessons and seated exercise. Volunteering opportunities available.	Age UK Lincoln and South Lincolnshire Chantry House 3 Lincoln Lane, Boston, PE21 8RU	Age UK Lincoln and South Lincolnshire	Tel: 01205 364161 Email: info@ageuksl.org.uk Website: www.ageuk.org.uksl.org.uk	
Age UK Lincoln and South Lincolnshire Care & Support Services	A service offering personal care services as well as help with household chores including cleaning, laundry, shopping and a sitting service.	Age UK Lincoln and South Lincolnshire Chantry House 3 Lincoln Lane, Boston, PE21 8RU	Age UK Lincoln and South Lincolnshire	Tel: 01205 355356 Email: info@ageuksl.org.uk Website: www.ageuk.org.uksl.org.uk	
Alzheimer's Society	Alzheimer's society provide information for all aspects of dementia and offer a national dementia helpline for anyone that may be effected by dementia.	Countywide	Alzheimer's Society	Tel: 01522 692681 National Tel: 03002221122 Email: Enquiries@alzheimers.org.uk Website: www.alzheimers.org.uk	

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Alzheimer's Society Lincolnshire Dementia Family Support Service	The family support service offers advice and support to people with dementia and their Carers. Formal diagnosis is required for referral into the service.	Countywide Service	Alzheimer's Society	Tel: 01522 692681 Email: lincolnshireDFSS@alzheimers.org.uk Website: www.alzheimers.org.uk	
Alzheimer's Society Dementia Cafe Boston	A support group for people with dementia and their Carers that provides information about living with dementia and other services available locally in an informal and comfortable environment. It is also a place to relax, socialise and meet other people with dementia and their carers.	Len Medlock Centre St. Georges Road Boston PE21 8YB	Phil Measures	Tel: 01522 437069 Email: phil.measures@alzheimers.org.uk Website: Lincoln@alzheimers.org.uk www.alzheimers.org.uk	1 st and 3 rd Wednesday 10.00am – 12.00pm
Angels on Call	The Angels On Call is a small business offering assistance with all of your care needs, providing assistance in all aspects of care, from personal care to end of life care.	106 Woad Farm Road Boston Lincs PE21 OEW	Tanya Upsall Manager	Tel: 07572592471 or 01205 839080 Email: theangelsoncall@gmail.com	9am - 5pm every day for general enquiries 24 hours a day 7 days a week for emergencies or important calls about service users
Boston Body Hub	Independent Alzheimer's and Dementia Group	Boston Body Hub Unit 2 20 Wide Bargate Boston PE21 6RF	Debra O'Neill	Tel: 07801 900003 or 01205 837172 Email: enquiries@bostonbodyhub.co.uk	Thursday 1.00pm – 3.00pm
Boston Body Hub Seated Exercise Sessions	A seated exercise session to 1960's music. All are welcome. Sessions cost £2.50, Carers enter for free.	Boston Body Hub Unit 2 20 Wide Bargate Boston PE21 6RF	Debra O'Neill	Tel: 07801 900003 or 01205 837172 Email: enquiries@bostonbodyhub.co.uk	Friday 12.30pm – 1.00pm
Boston Community Transport	Accessible door to door service for those unable to access existing forms of transport and have no alternative transport available due to there being no service available, age or frailty, disability or need for assistance.	The Len Medlock Centre St George's Road Boston PE21 8YB	Boston Community Transport	Tel: 01205 360183 Email: office@bostonct.org.uk Website: www.bostonct.org.uk	Monday – Friday 9.00 a.m. – 4.30 p.m.

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Boston and District Cruse Bereavement Care	The service offers the opportunity to have 6 weeks of one to one support with a Bereavement Volunteer to explore grief and emotions after a loss. This is available in your own home or at the offices. Telephone support is also available.	Cruse Bereavement Care The Butterfly Hospice Rowan Way Boston PE21 9DH	Cruse Bereavement Care	Tel: 01205 357396 Email: boston@cruse.org.uk	
Boston Health Walks	Boston Health Walks is an outdoor walking group. Carers and cared for welcome. Walks take place a number of times in the week.	12 different locations	Rosemary Saunders	Tel: 07970630137	Multiple times a week
Boston Library	Boston Library is a friendly and welcoming venue, which provides free library membership, books, computer facilities and information services to the whole community. The staff are Dementia Friends and are happy to help with enquiries, photocopying and IT basics. The library runs regular reading groups, craft activities and other events suitable for everyone. A range of titles from the National Books on Prescription Scheme are available for borrowing for free and the series includes books specifically for those experiencing Dementia and their families and carers. (Also see Reading Well Books on Prescription)	County Hall Boston Lincs. PE21 6DY	Boston Library	Tel: 01522 782010 Email: boston.library@gll.org	
Boston Lions	Boston Lions are an internationally recognised organisation that are community centred. Members attend regular social events and are welcomed as part of a supportive community.	Queen of Spades Wellington Road Boston PE21 ONX	Nick Graves	Tel: 08458331452 Email: nickgraves1976@tiscali.ci.uk	2 nd & 4 th Tuesday of each month from 8 pm onwards
Butterfly Hospice	The Butterfly Hospice cares for people with life limiting illnesses. Patients are admitted for the relief of difficult symptoms, along with psychological, social or spiritual support and rehabilitation. The hospice provides respite care as well as end of life care. The service is provide on a 24 hour basis and is free of charge.	Rowan Way Boston Lincolnshire PE21 9DH	The Butterfly Hospice	Tel: 01205 311222 Email: enquiries@butterflyhospice.org.uk Website: www.butterflyhospice.com	

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<p>Carers:</p> <p>The Lincolnshire Carers' Service Lincolnshire Carers' Service</p>	<p>Are you looking after someone who could not manage without your care? Then you are a carer and you may want to talk to someone about your caring role and any support needs you may have.</p> <p>We offer tailored information, advice, including about other useful services, for you and the person you are looking after and emotional and practical support. Opportunity to talk in detail about your caring role (a carer's assessment) and how you feel. Support with conversations with people and services such as GPs, social care and hospitals. Practical training to help you in your caring role. Advice and support for carers in the workplace. Eligibility for benefits and financial support. Carer apps for smart phones. Regular contact via telephone, Carers FIRST website, support groups, monthly e-bulletin and What's On guide. Carers Emergency Response Plan. Support to access a break or help around the home. Carer-friendly pharmacies and flu jabs. Hospital in-reach support.</p>	<p>Countywide</p>	<p>Delivered in partnership by</p> <p>Lincolnshire County Council Customer Service Centre (telephone based support service)</p> <p>and Carers FIRST (providing face to face support in the community)</p>	<p>The Customer Service Centre is the first point of contact for all referrals and general enquiries: 01522 782224</p> <p>Email: CarersService@lincolnshire.gov.uk</p> <p>In an emergency, out of hours, phone the Emergency Duty Team on 01522 782333.</p> <p>Website: www.lincolnshire.gov.uk/careers www.carersfirst.org.uk</p>	<p>8am to 6pm Monday to Friday (except bank holidays)</p>
<p>Caring Companions</p> <p>Caring Companions 'Pop In'</p>	<p>A support group for carers and former carers of people with dementia. The group meet up at a number of locations for lunch throughout the month.</p> <p>An opportunity for any carers to stop by, have a chat and a warm drink</p>		<p>Alan Taylor</p>	<p>Tel: 01205 871465</p> <p>Email: alaninwrangle@gmail.com</p>	<p>1st Monday – The Orchards Sheltered Housing in Wyberton</p> <p>3rd Monday – Boston County Club</p> <p>Thursdays 1.30 pm – 3.30 pm – Boston Body Hub</p>
<p>Centrepont Outreach</p>	<p>Centrepont Outreach is an organisation that works with and for homeless and vulnerable people, with social and economic needs from all walks of life.</p>	<p>Belmont House 15 Red Lion Street Boston PE21 6PZ</p>	<p>Liz Hopkins</p>	<p>Tel: 01205 360900</p> <p>Email: elizabeth@centrepont-outreach.com</p>	

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Citizens Advice Mid Lincs – Boston Office	The Citizens Advice Mid Lincs service offers practical, up-to-date information and advice on a wide range of topics, including: debt, benefits, housing, legal, discrimination, employment, immigration, consumer and other problems. Specialist benefits/tax credit and debt service by appointment.	Citizens Advice Municipal Buildings West Street , Boston PE21 8QR	Citizens Advice Mid Lincs	Tel: 0344 411 1444 Email: outreach@citizensadvicemidlincs.org.uk	Drop in advice sessions – Mon – Thur. 9.00 – 12.30
Co-op Medicine Use Review	Lincolnshire Co-operative offer a free NHS Medicines Use Review to patients taking two or more regular medicines. Patients can contact their local pharmacist.	Countywide	N/A	Please contact your local Co-op pharmacy	
CRG Homecare Lincolnshire	Providing a range of care and support staff and services, including domiciliary care, supported living, extra care, and continuing healthcare (non-nursing).	Boston		Tel: 01205 400127	
Dementia UK – Admiral Nurse Dementia Helpline	Dementia UK provides specialist dementia support for families through our Admiral Nurse service. When things get challenging or difficult, our nurses work alongside people with dementia and their families: giving them the one-to-one support, expert guidance and practical solutions they need to face dementia with more confidence. If you're caring for someone with dementia or if you have any other concerns or questions, call or email our Admiral Nurses for specialist support and advice	Countywide	Admiral Nurse Dementia Helpline	Tel: 0800 888 6678 Email: helpline@dementiauk.org Website: www.dementiauk.org	Mon – Fri 9.00 am – 9 pm Sat & Sun 9.00 am – 5 pm
Flo's Friends Community Care & Support Services	Provide a professional yet friendly service meeting the needs of numerous types of social care, primarily by the provision of care and support workers to individuals within the community	Mrs A Elding 17 Church Road Old Leake Boston Lincs PE22 9LB		Tel: 07411846692 Email: flosfriends@outlook.com	Open 9 am – 5 pm 7 days a week for enquiries

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Elmwood	Care Home with Nursing	Elmwood House Nursing Home 88 Sleaford Road Boston Lincs PE21 8EY		Tel: 01205 369235	
Every-One	Support for carers and also the person they care for and within the context of the family, friends and community that helps them too	No. 5 The Stables Wellingore Hall Wellingore Lincoln LN5 OHU	Every-One	Tel: 01522 811582 Email: hello@every-one.org.uk	
Financial Advice	A list of independent financial advisers who are accredited by the Society of Later Life Advisers			Tel: 03332020454 Website: www.societyoflaterlifeadvisers.co.uk	
Frampton House	Care Home (residential care)	West End Road Frampton Boston PE20 1BT	Mrs Chris Slade Manager	Tel: 01205724216 Email: c-slade@btconnect.com	
The Gardens Residential Home	A residential care home that caters for people with dementia. Also provides a day care and respite service.	88 Sleaford Road Boston PE21 8EY	Vicky Barty	Tel: 01205 359797	
The Georgians Care Home	A residential and nursing care home that caters for people with dementia.	50 Wide Bargate Boston PE21 6RY	The Georgians Ltd	Tel: 01205 364111 Email: richard@thegeorgians.co.uk	
GIB Consultancy	GIB Consultancy provides free advice to help vulnerable people from becoming victims of crime. Topics covered include bogus callers, phone scams and personal safety. The service includes visits to Dementia Support Groups and access to crime prevention products and leaflets.	Countywide	Stuart Gibbon	Tel: 07903155695 Email: enquiries@gibconsultancy.co.uk	
Healthy Homecare Services Ltd	Independent domiciliary and adult daycare agency, which provides care and support for clients who need assistance and help with their daily activities and personal care.	43 Woodville Road Boston Lincolnshire PE21 8AR		Tel: 07951548684 or 01205 612296 Email: info@healthyhomecare.co.uk	

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Healthwatch Lincolnshire	Healthwatch Lincolnshire want to hear people's views of your experiences of health and social care. We will then use this information to influence improvement in services with both those who provide and pay for these services. We can put you in touch with other organisations who might be able to help you with a health, social care or advocacy service.	Healthwatch Lincolnshire Unit 12 1-2 North End Swineshead Boston PE20 3LR	Healthwatch Lincolnshire	Tel: 01205 820892 Email: info@healthwatchlincolnshire.co.uk Website: www.healthwatchlincolnshire.co.uk	
Herbert Protocol	The Herbert Protocol is a national scheme which has been launched in Lincolnshire and encourages carers and families to record vital information on a form which could be used in the event of a vulnerable person going missing.	Boston Police Station Lincoln Lane Boston Lincs. PE21 8QS	Lincolnshire Police	Website: www.lincs.police.uk/news-campaigns/campaigns/the-herbert-protocol/	
Here-4-U	A friendly and informal support group for carers and their cared for that offers the chance to meet for a cup of tea, have a game of pool, cards or dominoes and simply enjoy a chat with other members.	WI Hall, Park Road Holbeach PE12 7EE	Rita Mitchell	Tel:01775 421290 Email: Rita.mitchell1@sky.com	Second and last Monday 10.00am – 3.30pm
Hunters Creek Care Home	Hunters Creek Care Home is a purpose built Care Home that provides person-centred dementia care, residential care as well as nursing care. Spacious and bright bedrooms are decorated to a high standard offering the comforts of a true home away from home. Manicured grounds and a central courtyard provide space for socialising with friends and family who are welcome at any time.	130 London Road Boston Lincolnshire PE21 7HB	Tanglewood Carehomes	Tel: 01205 358034 Email: enquiries@hunterscreekcarehome.co.uk	
Integrated Community Equipment Service (ICES)	The service offers a range of loan equipment on a short term or long term basis. Equipment provided ranges from simple equipment such as hand rails and walking aids to more complex items such as profiling beds and hoists.		Integrated Community Equipment Service	Tel: 01522 553941 Email: ICES.LCC@lincolnshire.gov.uk	
Lincoln Centre for Grief and Loss	A free service that provides counselling, support and training for people experiencing all forms of bereavement.	19 Carlton Mews The Carlton Centre Lincoln LN2 4FJ	Lincoln Centre for Grief and Loss	Tel: 01522 546168 Fax: 01522 546172 Email: email@lcgl.org.uk	

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Lincolnshire Fire and Rescue Home Safety Check	A Home Safety Check is carried out by the local Fire and Rescue Service who can visit homes, and carry out safety inspections for free. People may also be eligible for free fire alarms.	Grantham Fire Station Harlaxton Road Grantham NG31 7SG	Community Fire Safety Team	Tel: 01476 565441 or 01522 580397 Email: HFSC@lincoln.fire-uk.org	
Lincolnshire Home Independence Agency	An award-winning, countywide charity with a mission to help those in need of support to live independently in the home of their choice. Services include: home adaptations for people with mobility issues (including specially designed bathrooms and kitchens); handyperson services for warm, safe and secure homes; equipment to help with everyday life; information, advice and support.	Suite 3 Saracen House Crusader Road City Office Park Tritton Road Lincoln LN6 7AS	Lincolnshire Home Independence Agency	Tel: 01522 516300 Email: info@lincshia.org Website: www.lincshia.org	
Lincolnshire Housing Partnership	Lincolnshire Housing Partnership provide support services that cater for a range of needs - such as for older tenants and residents and support for victims of domestic abuse.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Lincolnshire Housing Partnership	Tel: 0345 6041472 Website: www.lincolnshirehp.com	
Lincolnshire Housing Partnership - Community Support & Warden Service	Provides practical support with cooking, cleaning, basic household projects and getting out and about. Prices vary based on assessment. Lincolnshire Housing Partnership warden services help people to maintain independence by offering regular wellbeing checks, an emergency response service and day-to-day practical support. Prices vary based on assessment. Number of visits are based on assessment of need.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Lincolnshire Housing Partnership	Tel: 0345 6041472 Website: www.lincolnshirehp.com	
Lincolnshire Housing Partnership - Lincolnshire Lifeline Services	Lincolnshire Housing Partnership Lincolnshire Lifeline Services offers an array of services and products to help people go about their day-to-day activities in Lincolnshire without worrying about their safety.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Lincolnshire Housing Partnership	Tel: 0345 6041472 Email: supportedhousing@lincolnshirehp.com Website: www.lincolnshirehp.com	
Lincolnshire Rural Support Network	LRSN provides pastoral and practical support to farming and rural people during periods of anxiety, stress and problems relating to their families and businesses. Also provides mental Health Screening/ Support	Countywide	Alison Twiddy	Tel: 0800 138 1710 Email: alison.twiddy@lrsn.co.uk Website: www.lrsn.co.uk	

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Manor Gate Care Home	A residential care home that caters for people with dementia. Services include day care and respite.	190 Causeway Wyberton Boston PE21 7BS	Manor Gate Care Home Heidi Potts Manager	Tel: 01205 366260 Email: manorgate@hotmail.co.uk	
Mayfields Extra Care Housing Scheme	Extra care provides a secure environment, of care services available 24 hours a day. Extra care housing developments provide communal facilities and areas for social activities.	Mayfields Broadfield Lane Boston Lincs PE21 8GH		Tel: 03003655000	
Meadows Edge Care Home	Meadows Edge Care Home provides a range of specialist nursing including a specialist Dementia Unit which caters for Alzheimer's, Vascular dementia, Lewy bodies dementia and Picks disease. Provides short or long term care.	Wyberton West Road Boston Lincolnshire PE21 7JU	Meadows Edge Care Home Carolyn Andrews Manager	Tel: 01205 353271 Email: meadowsedgcarehome@gmail.com	
Memory Lane Creative Sessions	Free creative sessions for people with early stage dementia and their carers.	Mayfields Broadfield Lane Boston PE21 8DY	Telecare Team	Tel: 0345 6041472 Email: memorylane@lincolnshirehp.com Website: www.lincolnshirehp.com	2 nd and 4 th Wednesday 10.00am – 12.00pm
Memory Lane Day Service	Memory Lane Dementia Day Service is suitable for those living with dementia who are able, with support, to enjoy spending time with others in a group setting	Mayfields Broadfield Lane Boston PE21 8DY	Telecare Team	Tel: 0345 6041472 Email: memorylane@lincolnshirehp.com Website: www.lincolnshirehp.com	Every Thursday - 10 am – 4 pm
Memory Music	Boston Memory Music is a social group that meet up once a week free of charge for carers and cared for. The focus is on singing songs as a group to help reduce isolation and to increase confidence for both carers and cared for.	Mayfields Broadfield Care Broadfield Lane Boston PE21 8GH	Jane George	Tel: 01522 829013 Email: janeann.george@btinternet.com	1 st and 3 rd Mondays 2.30pm

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Message In a Bottle Scheme	The Lions Message In a Bottle scheme is a simple idea designed to encourage people to keep their personal and medical details on a standard form and in a common location - the Fridge. Message in a bottle is a free service.	The Queen of Spades Wellington Road Boston PE21 0NX	Nick Graves	Tel: 08458331452 Email: nickgraves1976@tiscali.co.uk	
Minstrels Residential Care Home	A residential care home that cater for people with dementia.	Main Road, Wrangle, Boston PE22 9AJ	Minstrels Residential Care Home Jane Goodwin Manager	Tel:01205 870910 Email: minstrels@btconnect.com	
The Old Rectory Care Home	The Old Rectory care home provides personal care for clients whose needs are associated with the ageing process, physical disabilities and mental health including dementia. The home also offers intermediate care to clients attempting to return home after a hospital stay.	The Old Rectory Main Road Stickney PE22 8AY	Sarah Trafford	Tel: 01205 480885	
Pegasus – Lincolnshire Police	Pegasus is a PIN number database which has been designed to enable people in the community who may have difficulty using a telephone to access Lincolnshire Polices' Emergency services.	Pegasus Community Safety Department Lincolnshire Police Headquarters PO Box 999 Lincoln LN5 7PH	N/A	text phone: 01522 558263 Text 07761911287 999 – In Emergency 101 – Non-emergency Email: Forec.control@lincs.pnn.police.uk Website: www.lincs.police.uk/contact/contacting-us-if-you-have-access-needs/ www.lincs.police.uk/media/32313/easy-read-pegasus.pdf	
Penderels Trust	Penderels Trust aims to support adults and children who receive a direct payment in the county to get the most out of their personal budgets.	Countywide	Penderels Trust	Tel: 01526 833803 Email: lincolnshire@penderelstrust.org.uk Website: www.penderelstrust.org.uk	

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<p>POhWER – NHS Complaints Advocacy Service</p>	<p>POhWER provides a free, confidential complaints advocacy service that is independent of the NHS supporting people to raise their complaints about NHS funded services. POhWER provides information, advice and guidance about people rights/options within the formal complaint process and supports them to write their complaint letter, attend local resolution meetings and make an application to the Parliamentary and Health Service Ombudsman if local resolution isn't achieved.</p>	<p>Countywide</p>	<p>POhWER</p>	<p>Tel: 03002000084</p> <p>Email: pohwer@pohwer.net</p> <p>Website: www.pohwer.net</p>	
<p>Ralphland Home Care</p>	<p>Home Care and Support Agency. Provide specialist care to older people in their own homes, including for those diagnosed with dementia. Services are organised to suit personal needs and offer companionship, with respite services also available to help carers with the challenges they face.</p>	<p>Ralphs Lane Frampton West Boston PE20 1QU</p>	<p>Jan Pragnall</p>	<p>Tel: 01205 722332</p>	
<p>Reading Well Books on Prescription for dementia</p>	<p>This service provides 25 titles specifically focused on dementia, recommended by health experts and people who have first-hand experience. GPs and other health professionals can recommend the books to people, or the titles are available for anyone to borrow for free from their local library.</p>	<p>Available in public libraries across the country</p>	<p>Annie Robinson</p>	<p>Email: readingwell@readingagency.org.uk</p> <p>Website: reading-well.org.uk</p>	
<p>Rethink Advice And Information Service</p>	<p>The Rethink Mental Illness Advice Service offers practical help on issues such as the Mental Health Act, community care, welfare benefits, debt, criminal justice and carers' rights. They also offer general help on living with mental illness, medication, care and treatment.</p>	<p>Nationwide</p>	<p>Rethink</p>	<p>Tel: 0300 5000 927</p> <p>Website: www.rethink.org/</p>	<p>Monday – Friday 9.30 am – 4 pm</p>
<p>Silver Line</p>	<p>The only national free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year</p>	<p>National</p>		<p>Tel: 08004708090</p> <p>Email: info@thesilverline.org.uk</p> <p>Website: www.thesilverline.org.uk</p>	

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Skirkbeck Court Care Home – The Orders of St John Care Trust	Skirkbeck Court is purpose built for residential care of older people. Skirkbeck court can provide both long and short term care, as well as day care and flexible support to assist carers during times of crisis.	55A Spilsby Road Boston PE21 9NU	The Orders of St John Care Trust	Tel: 01205 361444 Email: manager@osjctlincs.co.uk	
Solicitors Advice	Solicitors for the Elderly (SFE) is an independent national organisation of lawyers who provide specialist legal advice for older and vulnerable people, their families and carers			Email: admin@sfe.legal Website: www.sfe.legal	
St Barnabas Day Hospice	St Barnabas day therapy service is a free service that welcomes anyone over the age of 18 who has a life limiting illness, through cancer or non-cancer and aims to support them to live independently, give advice and information and help them to make informed choices about their future care.	Green Lane Boston PE21 9NB	St Barnabas	Tel: 01522 518222 (Lincoln Office) Email: enquiries@stbarnabashospice.co.uk Website: www.stbarnabashospice.co.uk	
St Barnabas Family Support Service	Family Support Service is a free service providing emotional and psychological support to patients, their families and carers, together with support for those who have experienced bereavement.	Countywide	St Barnabas	Tel: 01522 518225 or 01522 518200 Email: enquiries@stbarnabashospice.co.uk Website: www.stbarnabashospice.co.uk	

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St Barnabas Hospice at Home	Hospice at Home is a countywide, free service for people with an advanced, life limiting illness who choose to be cared for in their own home, operating 7 days a week.	Countywide	St Barnabas	<p>Tel: 01205 359367 or 01522 518222 (Lincoln Office)</p> <p>Email: enquiries@stbarnabashospice.co.uk</p> <p>Website: www.stbarnabashospice.co.uk</p>	7 Days a week
St Johns Nursing Home	A nursing care home that cater for people with dementia.	White House Lane Fishtoft Boston PE21 0BE	St Johns Nursing Home	<p>Tel: 01205 366059</p> <p>Email: lifelinesstjohns@gmail.com</p>	
Telecare (NRS) Lincolnshire	TeleCare can be used to support older people, those with long term conditions, disabilities or mental health worries. TeleCare can tell when there is an emergency in someone's home and when they need assistance. TeleCare uses a range of sensors either worn by the individual or placed in the home that can alert the local monitoring centre 24 hours a day.	Countywide	Telecare (NRS)	<p>To order Telecare by phone: Tel: 0344 893 6962</p> <p>Website: www.nrstelecare.co.uk/lincolnshire/</p>	
Transport Services	There is a wide range of public transport to choose from across the county.	Countywide		<p>Public Transport Information – 08712002233</p> <p>Lincolnshire Transport Helpline – 01522550129 www.lincsbus.info</p> <p>Call Connect - 03452343344</p>	
Walnut Care At Home	Home Care and Support Agency that can be booked on a short or long term basis, and may be funded with help from Lincolnshire Social Services or the NHS. Alternatively services can be purchased privately, or by using self-directed support funding. Experienced in dementia care.	Walnut Cottage Langrick Boston PE22 7AP	Walnut Care Ltd	<p>Tel: 01205 280101</p> <p>Email: info@walnutcare.co.uk</p>	

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Wellbeing Lincs	Wellbeing Lincs is a countywide service designed to promote confidence in living independently to reduce or prevent the escalation of an individual's needs. Provision of support for up to 12 weeks (free). Resettlement support following discharge from hospital (free). Access to simple aids/adaptations, Telecare and response service (charges may apply)	Wellbeing Lincs c/o East Lindsey District Council, Tedder Hall, Manby Park, Louth LN11 8UP	Wellbeing Lincs	Tel: 01507 601111 Email: wellbeinglincs@e-lindsey.gov.uk Referrals are made through Lincolnshire County Council's Customer Service Centre on 01522 782140.
Welfare Community Services	St Barnabas provides information of social security benefits available to claim dependant on eligibility.	Countywide	St Barnabas	Tel: 01476 513544
Westfield Nursing Home	Specializes in Nursing care for 30 residents, and has all the home comforts residents would expect in family-oriented home from home surroundings.	34 Sleaford Road Boston Lincs PE21 8EU		Tel: 0843 5069452
White Gables Nursing Home	A nursing care home that cater for people with dementia.	White Gables Nursing Home 21 Willington Road Kirton Boston PE20 1EP	White Gables Nursing Home	Tel: 01205 723874 Email: whitegables21@btinternet.com
Willoughby Grange Care Home Boston	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite and palliative care.	Willoughby Road Boston PE21 9EG	Willoughby Grange Nursing Home	Tel: 01205 357836 Email: willoughby.grange@fshc.co.uk
Winter Fuel payment	If you were born on or before 5 November 1953 you could get between £100 and £300 to help you pay your heating bills. You usually get a Winter Fuel Payment automatically if you are eligible and you get the State Pension or another social security benefit (not Housing Benefit, Council Tax Reduction, Child Benefit or Universal Credit).	Nationwide		Website: www.gov.uk/winter-fuel-payment

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Woodlands Court Care Home	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite, day care and palliative care.	Woodlands Court Boston Road Kirton PE20 1DS	Amanda Perrins Manager	Tel: 01205 723355 Email: admin@woodlandscourt.org	
Vauxhall Court Care Home	A residential care home that cater for people with dementia and provide day care and respite.	Freiston Road Boston PE21 0JW	Henrietta Encarnacion Manager	Tel: 01205 354911 Email: admin@vauxhallcourtcarehome.org	
YoungDementia UK	YoungDementia UK offers a national website, social media pages and newsletters that provide information specifically for people aged under 65 with dementia and their family and friends.	PO Box 315 Witney Oxfordshire OX28 1ZN	Young Dementia UK	Tel: 01993 776295 Email: web@youngdementiauk.org Website: www.youngdementia.org	

Outline of services available in Boston and surrounding area November 2018



Every effort has been made to ensure that the content of this directory is accurate at the time of issue. However Boston Dementia Action Alliance don't accept liability for any third party information of service provision.

The inclusion of organisations, services and contact details is for information purposes and does not constitute endorsement of any kind by Boston Dementia Action Alliance or the organisations supporting the publication.

This directory is intended to be a guide only, it is not intended as a substitute for independent/expert advice; always consult a qualified professional about your own care or the person you care for.

If you would like your service to appear in this directory or you have a concern then please contact:

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